



## DOES YOUR CHILD HAVE ADHD AND DIFFICULTIES SLEEPING?

### RESEARCH VOLUNTEERS WANTED

- ❖ We are looking for children between 5-12 years old who have a diagnosis of ADHD and experience sleep difficulties to take part in a research project.
- ❖ Children and their parent(s) will participate in a brief (2 sessions; approximately 50 minutes each) intervention designed to improve their sleep.
- ❖ Children involved in the study will complete three stages of sleep data collection, before the intervention, one week after completion of the intervention, and 3 months following the intervention. The intervention will be conducted by a provisional psychologist under supervision by a team of experienced Clinical Psychologists; Dr Carmela Pestell, Dr Andrew Sheridan, Dr Romola Bucks.
- ❖ To be eligible for this study your child must have a diagnosis of ADHD and experience notable sleep difficulties.
- ❖ If you are interested in finding out more about the study, or you wish to see if your child is eligible to participate, please contact:



Maya Malkani

PhD Candidate

Email: [maya.malkani@research.uwa.edu.au](mailto:maya.malkani@research.uwa.edu.au)

Carmela Pestell

Clinical Psychologist / Neuropsychologist

Email: [carmela.pestell@uwa.edu.au](mailto:carmela.pestell@uwa.edu.au)