



## Code of Ethics/Conduct for Facilitators:

Peer Facilitators have their personal experiences and are open about their experiences to connect with group members on a personal level. It is acknowledged that in peer support groups all members are equal, and it is not a counselling group”.

To create a safe, welcoming environment for members to feel comfortable sharing their personal experiences and learning from one another. Share appropriate and relevant resource information with group members. Stimulate discussions designed to support and encourage progress for the group as a whole and for each member as an individual. Observe the group atmosphere, help to move things along, clarify ideas, and ensure that everyone feels included. Model appropriate etiquette (e.g., addressing members by their names)

### Key Core values include:

1. **Respect:** Treat all members with respect and dignity, regardless of their background, race, gender, sexual orientation, religion, or any other characteristic.
2. **Confidentiality:** Keep all information shared during meetings confidential, unless required by law or in case of safety concerns.
3. **Non-Judgmental Attitude:** Avoid judgmental or critical comments about members' experiences or behaviours and promote an environment of acceptance and understanding.
4. **Fairness and a sense of equity:** Ensure that all members have an opportunity to share their experiences and feelings and that no member dominates the conversation.
5. **Safety:** Create a safe and supportive environment for all members. To have access to appropriate support and information to services if any member expresses suicidal thoughts, to let the facilitator know confidentially to provide support as required.
6. **Professionalism:** Maintain professional boundaries with members and share appropriate personal information.
7. **Continuous Learning:** Evidenced-based research, and best practices related to ADHD, and continuously Endeavour to improve the group's effectiveness.
8. **Note:** disclaimer for alternative or complementary medicine, and non-evidenced-based information. Individuals are personally responsible to follow this up with their own time with a medical practitioner and not by ADHDWA.



## Code of Ethics/Conduct for Participants:

In this space, you can share your experiences to give and receive support from each other. You have a choice about what parts of your personal experience you would like to share within the group, seek support for, and support others. It is acknowledged that in peer support groups all members are equal, and it is not a counselling group”.

### Key Core values include:

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2. **Confidentiality:** Keep all information shared during meetings confidential, unless required by law or in case of safety concerns.
3. **Non-Judgmental Attitude:** Avoid judgmental or critical comments about other members' experiences or behaviours and promote an atmosphere of acceptance and understanding.
4. **Fairness and equity:** Ensure that all members have an opportunity to share their experiences and feelings and avoid dominating the conversation.
5. **Safety:** Avoid discussing or promoting unsafe or illegal behaviours and take appropriate measures if any member expresses suicidal or violent thoughts.
6. **Freedom to leave or have a few moments of space as needed,** feel free to let the facilitator know if you need someone to speak with you.
7. **To have the opportunity to speak with the facilitator in private if needed.**
8. **Respect Boundaries:** Respect other members' privacy, personal space, and feelings, and avoid seeking personal relationships with members outside of the group.
9. **Mutual Support:** Offer support, empathy, and understanding to other members, and encourage a sense of community and mutual support within the group.

*Being a member of ADHD WA allows me to use my voice, my neurodiversity, my strength, to increase awareness and understanding about ADHD, and see a well-supported and thriving ADHD community in Western Australia.*