

Know Your Health Professionals

A photograph of two women sitting and talking. One woman is facing the camera, smiling, and wearing a white cardigan. The other woman is seen from the back, wearing a plaid shirt and glasses, with her hair in a ponytail.

WHAT CAN A PSYCHIATRIST DO?

Psychiatrists are medical doctors who can provide psychological treatment, prescribe **medication** and monitor for any subsequent **side effects** in individuals with ADHD.

WHAT CAN A PSYCHOLOGIST DO?

Psychologists address mental health concerns through focusing on the individual's **emotions** and **behaviours**.

A Psychologist can help **improve** upon **skills** impacted by ADHD such as attention and concentration.

WHAT CAN A PAEDIATRICIAN DO?

Paediatricians diagnose and treat a range of illnesses faced by **children** from birth to late adolescence, including ADHD.

They can **prescribe medication** and monitor for any subsequent side effects in individuals with ADHD.

WHAT CAN A NEUROPSYCHOLOGIST DO?

A Neuropsychologist focuses on **neurobehavioural** disorders and how they affect brain functions.

A Neuropsychologist can provide a **comprehensive assessment** to view an individual's **executive function** and other **cognitive, emotional** and **behavioural** factors.