**I’m Running for a Reason!** 🏃‍♂️🏃‍♀️💙

This year, I’m proud to be participating in **Run for a Reason** and supporting **ADHD WA**, a charity close to my heart. ADHD WA provides vital support, resources, and advocacy for individuals and families affected by ADHD, making a real difference in our community.

I’ve set myself a fundraising goal of **[$X]**, and I need your help to get there! Every dollar counts and goes directly toward programs that empower and uplift those with ADHD.

🌟 **Your donation could help ADHD WA:**

* increase awareness and understanding of what ADHD really is,
* advocate for more accessible support services for the ADHD community in WA,
* continue to offer wraparound services for individuals and families impacted by ADHD,
* expand free peer support groups.

💻 Donating is quick and easy:   
👉 Click here: [Insert fundraising link]

Let’s make every step of my run count for a great cause! 🏃‍♂️💪 

Thank you so much for your support—it means the world to me and ADHD WA.

💙 Together, we can make a difference! 💙

#RunForADHDWA #RunForAReason #MakingADifference #ADHDWA